

# Download Toast Homage To A Superfood

Recipe taken from Healthy Christmas Leftovers I'm a huge fan of fritters: they are packed full of goodness and taste; make the ideal quick, lazy breakfast/brunch ...Just because you're eating lean doesn't mean you have to miss out on fine cuisine from London's best healthy restaurantsCasseroles are the ultimate one-pot meals, and these twenty recipes will show how just how versatile and delicious they can be.Doing breakfast is the new going out. Want to know the best places for brunch in London are? Here's our guide to London's best breakfasts and best brunches.